

Subject: PE	Year Groups: 7 - 11
Subject Leader: G. Horsman & L. Gordon	Grouping Policy: Mixed ability
Number of lessons per week: 1 - 2	Assessment: Teacher assessment
<p>Purpose:</p> <p>Our physical education curriculum aims to inspire pupils to succeed and excel in sport and other physically demanding activities. It provides opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character, confidence and self-esteem. Participation also helps to embed values such as fairness and respect.</p> <p>Aims:</p> <p>Our physical education curriculum aims to provide the opportunity to:</p> <ul style="list-style-type: none"> • participate in a range of physical activities • become physically active for sustained periods of time • engage in competitive sports and activities • lead healthy, active lives <p>During their placement students will have the opportunity to participate in the following activities:</p> <ul style="list-style-type: none"> • Climbing • Canoeing / Rafting • High Ropes course • Abseiling • Mountain Biking • Orienteering • Team Building / Problem Solving activities • Football • Cricket • Boccia 	