

<b>Subject:</b> PSHCE	<b>Year Groups:</b> 7 - 11
<b>Subject Leader:</b> G. Horsman & P. Hannah	<b>Grouping Policy:</b> Mixed ability
<b>Number of lessons per week:</b> 2	<b>Assessment:</b> Teacher assessment

**Course Content:**

The aim of this Scheme of Work is to encourage the young people at BCPRU to develop a better understanding of how they can develop and grow as individuals. This will be done by looking at topics based on personal and economic well-being and financial capability. It also aims to encourage students to think about the choices they have made in the past and the consequences of these choices. To encourage students to think about their future in a positive way and understand that they have the potential to make choices which will allow this.

The PSHCE curriculum at BCPRU has been designed to develop the skills needed to fulfil the aim, taking into consideration the mixed age range and mixed ability of each class. Units of work encourage class teaching whilst taking into consideration the wide ranges of ability likely in each group.

During their placement students will have the opportunity to complete modules from the following lists:

**Themes**

Who rules the country?  
 Healthy lifestyle choices  
 Money management  
 Risky behaviour  
 Contributing to society  
 Equal opportunities  
 Careers education  
 The world we live in  
 Relationships

**Improving behaviour**

Choices and the future  
 Problems in school  
 Influences on behaviour  
 Feelings  
 Bullying  
 Anger  
 Managing anger  
 Anger management role-play  
 Goal setting  
 Stress  
 Stress management  
 Scenario challenges  
 Self-esteem

These units will be delivered through a mixture of whole class teaching, group work and paired work. Assessment will be a combination of self-assessment, peer-assessment and teacher assessment where students are encouraged to engage with and respond to any feedback given.